

LIFE SKILLS

101



- 1 high school semester elective credit
- Color workbook included
- Free cookbook included!

About This Course

- Learn skills for life intentionally, instead of on-the-go!
- 12 self-paced, fun, video-based lessons
- Student workshops reviewing each assignment
- Each skill taught by industry pros
- Hands on assignments every week to apply each skill

Life Skills 101 allows students to learn essential life skills in a structured and engaging way. Through 12 self-paced, pre-recorded, video-based lessons, students will explore a variety of practical skills taught by industry professionals. Each week, students will complete hands-on, engaging assignments to apply what they've learned, and participate in pre-recorded, fun, student workshops to review their progress. In addition to earning one high school semester elective credit, students will receive a color workbook to support their learning, plus a free cookbook used in their cooking lesson. If you're looking to gain life skills for personal growth and future success, this course offers the perfect balance of learning and lots of FUN!

Course Syllabus, Grading Rubric and Transcript Description available on student dashboard.